Learning Pod Self Reflection

Please answer the following questions in this document for your first introductory blog post in preparation for your initial team meeting with your Learning Pod. This information will allow your team members to get to know how you work best so that the group can make team agreements that work for all.

What is your preferred mode of remote communication?

Text

What are your communication strengths?

I am good at clearly communicating my ideas with others as well as receiving and giving feedback.

What are your communication weaknesses? Where would you like to grow?

I would like to get better at checking in with others and keeping that constant communication while working on projects.

Do you consider yourself an introvert or extrovert?

Introvert

What time zone are you in?

Pacific

What time of day do you prefer doing academic work?

The mornings, however, anytime works.

When you are upset do you tend to share this with others or keep it to yourself?

I often keep it to myself, but I will sometimes share.

What do you like about group work?

I like hearing others creative ideas and brainstorming together.

What don’t you like about group work?

Meeting up with other people. I did a lot of group work this past year, and it is always so difficult to find a time that works for everyone to meet up with and plan.

What else would you like your team to know?

I am starting a job mid-June, so I will only be able to meet past 4pm during this time.